

BREATHWORK RELEASE OF LIABILITY

This is a LIVE experience. There is no replay. There are no refunds.

RELEASE OF LIABILITY This question is required. *

As the client, and in consideration for my participation in breathwork sessions I agree that my participation in the breathwork session is entirely voluntary and that I assume any risk associated with participation.

Any actions or lack of actions, taken by me, the client, of such advice is done so solely by choice and responsibility, and any harm, injury, or loss that may occur to me or my property as a result of my participation in breathwork, is neither the responsibility nor liability of Soul of the Lotus, LLC or Caroline McGrath.

I understand that my Facilitator is a certified Trauma-Informed Breathwork Facilitator trained through Pause Breathwork and Hungry for Happiness, LLC.

I understand that breathwork is not a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment, and I will not use it in place of any form of therapy. I recognize that breathwork requires emotional, physical, and mental effort, exertion, and behavioral experimentation, on my part, which may cause physical, mental or emotional injury. I fully acknowledge and take full responsibility for all the risks involved. I understand that it is my responsibility to consult with my health care provider prior to participating in breathwork.

In the event that I am injured, I agree to assume any financial obligation, either through my personal health insurance or through some other means, for any medical costs I incur. Soul of the Lotus, LLC and Caroline McGrath assume no responsibility for any medical expenses, injury, or damage suffered by me.

IN CONSIDERATION OF MY PARTICIPATION IN BREATHWORK, I HEREBY GENERALLY RELEASE, AND PROMISE TO INDEMNIFY, DEFEND, AND HOLD HARMLESS Soul of the Lotus, LLC AND Caroline McGrath, AND THEIR RESPECTIVE AGENTS AND EMPLOYEES (THE "RELEASE PARTIES"), FROM ANY LIABILITY WHATSOEVER. I will reimburse Soul of the Lotus, LLC and Caroline McGrath for any damages, reasonable settlements and defense costs, including attorney's fees, that they incur because of any such claims made against them. I agree that the terms of this agreement, including the indemnification obligations in this paragraph, will be binding on my estate, and my personal representative, executor, administrator or guardian will be obligated to respect and enforce them. This RELEASE does not extend to claims for gross negligence, intentional or reckless misconduct, or any other liabilities that applicable law does not permit to be excluded by agreement.

I agree that the purpose of this agreement is that it shall be an enforceable RELEASE OF LIABILITY AND INDEMNITY as broad and inclusive as is permitted by Oregon law. I agree that if any portion or provision of this agreement is found to be invalid or unenforceable, then the remainder will continue in full force and effect. I also agree that any invalid provision will be modified or partially enforced to the maximum extent permitted by law to carry out the purpose of the agreement.

I understand that this is a contract that affects my legal rights, and I have read and understood this form and all its contents, and I voluntarily agree to the terms and conditions stated above.

To submit questions regarding this release please email: caroline@soulofthelotus.com